

Hope to Healing

CAROLINE'S STORY

"We are all benefiting," Caroline says, reflecting on her family's experience with Catholic Charities' counseling service. "I'm really happy with how our kids have responded to the counseling sessions."

Caroline lives in a household with a mix of generations that sometimes produces friction. In the midst of this family dynamic, her son in particular was displaying some anger issues.

Caroline found a solution when the Catholic school her children attend sent a letter home about the availability of anger-management counseling. The results have been impressive. Both of her children have come up with rules of behavior they both abide by, which has greatly decreased tensions. For Caroline's full story, go to: ccfwsb.org/caroline.

Catholic Charities' mental health counseling services are currently in four Catholic schools. In an effort to serve more, Catholic Charities has launched the Hope to Healing Initiative. This initiative aims to raise the philanthropy needed to serve the 12% of Catholics living in our diocese who will someday need mental health services. Here is how you can help:

HOST

Host a Hope to Healing Event

INVEST

Invest in Services that will help thousands

VOLUNTEER

Volunteer your time and talent

JOIN

Join the Hope to Healing Committee in your County

*Hope to Healing is an initiative designed to meet mental health counseling needs of the Catholic community [ccfwsb.org/hopetohealing].



On October 29th, Catholic Charities will publish **THE 2019 POVERTY REPORT** for our diocese. For your copy, go to: EradicatePoverty.org



ccfwsb.org/volunteer

For more ways to serve those most in need, visit:

- 6 Organize a free mental health workshop with our clinical experts
- 5 Host a Hope to Healing Initiative event
- 4 Become a Parish Champion to represent the needs of your parish
- 3 Coordinate a food, hygiene, book, diaper or cleaning supply drive
- 2 Volunteer your time
- 1 Help us grow our services through a donation

6 WAYS TO GET INVOLVED WITH CATHOLIC CHARITIES



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THE *Secret* TO ENDING POVERTY?

A *Two* GENERATION APPROACH



Catholic Charities

2019 ANNUAL REPORT



A *Two* GENERATION APPROACH

DELIVERS THE BEST RETURN ON INVESTMENT

Ending poverty for today's children requires a two-generation approach, meaning we must assist both parents and children. A child's success depends on their family's ability to meet their needs. With our Bridge to Self-Sufficiency model (see below), your support empowers families to flourish. From assistance with basic needs through support for degree completion, job retention and management of finances, this approach helps individuals and

families become thriving members of our community. Studies have shown that every \$1 invested in a Two Gen family can return up to \$4 to society through first-generation benefits of decreased dependence on public assistance and increased taxable earnings. There are also second-generation benefits of increased lifetime earnings/taxes paid, and savings from costs associated with crime and special education. Learn more at EradicatePoverty.org.

First GENERATION OUTCOMES*

\$213,987 INCREASED LIFETIME EARNINGS FROM ADDITIONAL EDUCATION

\$27,807 INCREASED TAXES PAID BY PARTICIPANTS

\$8,346 LESS USE OF PUBLIC ASSISTANCE BRINGS SAVINGS TO TAXPAYERS



Second GENERATION OUTCOMES*

SAVINGS FROM REDUCED USE OF SPECIAL EDUCATION **\$1,439**

INCREASED LIFETIME EARNINGS **\$19,002**

INCREASED TAX REVENUES **\$2,838**

SAVINGS FROM CRIME REDUCTION **\$11,549**

SOURCE: Wilder Research

*Dollar value per participant

THE BRIDGE TO SELF-SUFFICIENCY

OUR PROGRAMS AND SERVICES OFFER LONG-TERM SOLUTIONS.

ALLEVIATING POVERTY

- FOOD PANTRIES**
- FINANCIAL ASSISTANCE**
Resource & Referral
- MATERIAL ASSISTANCE**
Resource & Referral, Retired Senior Volunteer Program (RSVP), Christmas Program
- MOBILE UNIT**

HEALING MIND, BODY & SPIRIT

- PREGNANCY COUNSELING/ ADOPTION PLANNING**
- HEALTH ADVOCACY & SUPPORT**
Hispanic Health Advocate, Refugee Health, ECHO in the support for prenatal and well-baby care
- COUNSELING SERVICES**
(Please go to ccfwsb.org for more details.)
- CLINICAL LIAISON TO PARISHES**
- SERVICES TO SURVIVORS OF HUMAN TRAFFICKING**
- RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)**

BUILDING STRONG FUTURES

- HELPING TEEN PARENTS GRADUATE**
Education Creates Hope & Opportunity (ECHO)
- HELPING LOW-INCOME COLLEGE STUDENTS GRADUATE**
Stay the Course™
- SUPPORTING HEALTHY PARENT-CHILD RELATIONSHIPS**
Your Journey Together, ECHO
- MENTORING YOUTH/HOMEWORK HELP**
Children of Refugees, National Youth Mentoring program
- LEGAL IMMIGRATION SERVICES**

DEVELOPING FINANCIAL SECURITY

- BUILDING SKILLS IN FINANCIAL MANAGEMENT**
VITA Tax & Financial Literacy Classes
- TRAINING AND JOB PLACEMENT FOR SENIORS**
Senior Community Services Employment Program (SCSEP)
- REFUGEE JOB DEVELOPMENT**
- COMMUNITY COLLABORATION**
Family Independence Cooperative with SCAN, Inc., Lutheran Social Services of IN and Brightpoint

YOUR GIFT HELPS US STRENGTHEN FAMILIES & ERADICATE POVERTY

